



happy new year

AUTHENTIC ARTISAN GELATO

The History of Tiramisu

At the heart of some vigorous debate among Italian dessert lovers, tiramisu definitely got its start in Italy sometime between the early 18th century and the mid 20th century. Some say its first incarnation was made to celebrate a visit by the Grand Duke of Tuscany, Cosimo III, to the city of Siena. Since Cosimo passed away in 1723, we can only guess he was fed the cake sometime before that year.

However, other culinary websites and Italian cookbooks place tiramisu's origins as relatively recent as 1971. Tiramisu as we know it today is said to have been created that year in the northern Italian town of Treviso. Even still, the first reference to the dessert doesn't appear in print until 1983.

One thing we can know for sure about tiramisu is that the Italians have always been aware of the buzz-inducing properties that come with the combination of espresso and sugar. The origins of the word "tiramisu" itself come from two Italian words that literally mean "pull me up" or "pick me up", Tiramisu.

*Learn
Italiano
Resolution
risoluzione
(re-zo-loo-tsee-oh-neh)*



G.S. Gelato Certified Member of The NASFT

G.S. Gelato & Desserts, Inc is now officially a certified member of The National Association for the Specialty Food Trade.

NASFT is a not for profit business trade association established in 1952 to foster trade, commerce and interest in the specialty food industry. The NASFT is an international organization composed of domestic and foreign manufacturers, importers, distributors, brokers, retailers, restaurateurs, caterers and others in the specialty foods business. The organization have more than 2,700 current member companies throughout the US and overseas.

G.S. Gelato will be attending the Summer NASFT Fancy Food Show in New York City.

Flavor of the Month

Tiramisu

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